

Agreement of Release and Waiver of Liability For Yoga Classes

I, _____ hereby agree to the following:

1. That I am participating in the **Yoga Class / Workshop** offered by **Bharata Kalarpana** during which I will receive information about yoga and yoga instruction. I recognize that yoga requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.

2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the **Yoga Class or Workshop**. I represent and warrant that I am physically fit and I have no medical condition, which would prevent my full participation in the **Yoga Class / Workshop**.

3. In consideration of being permitted to participate in the **Yoga Class or Workshop**, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.

4. In further consideration of being permitted to participate in the **Yoga Class/Workshop**, I knowingly, voluntarily and expressly waive any claim I may have **Bharata Kalarpana** for any injury or damages that I may sustain as a result of participating in the program.

5. I, my heirs or legal representatives, forever release, waive, discharge and covenant negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Registrant's Signature: _____

Registrant's Name (*in Caps*): _____

Date: _____

If registrant is under 18 a parent's / legal guardian's authorization is required:

As a parent / legal guardian of _____

I consent to the above terms and conditions.

Parent's / Guardian's Signature: _____

Parent's / Guardian's Name (*in Caps*): _____

Witnessed by _____
(Name of the Witness in Capital Letters)

Signature of the Witness: _____

Please indicate here of any physical conditions or disabilities, current or chronic, which might limit participation in this class, any medication taken at this time or/any allergies known:
